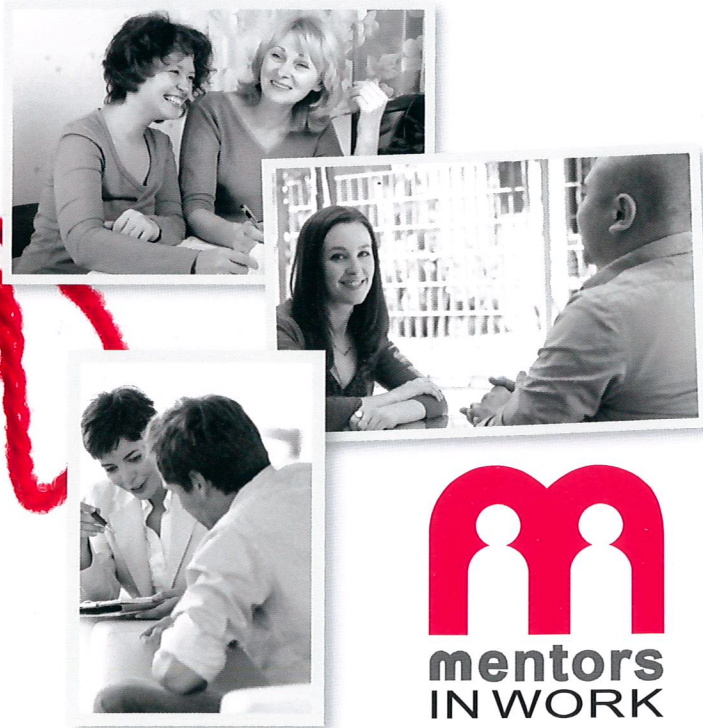




Having a mentor can change your life!

A mentor is a trained, independent volunteer who can support you in a friendly, informal way during your search for employment or after securing a job.



mentors
IN WORK

The Mentor:

Can offer you practical support and advice, away from a 'work' setting;

Can help you to manage the transition to employment;

Has experience of the world of work and can work with you to help you reach your potential.

A mentoring relationship:

Will offer you time to explore different issues that are affecting you on your employment journey;

Can meet as often as required at times agreed by both parties;

Helps you to improve your own problem solving techniques and make the difficult decisions that life can throw up;

Creates a mutually trusting relationship, which brings many benefits to both the mentor and the mentee.

**There's no charge for this service,
so if you'd like to apply for a Mentor,
don't delay, contact Mentors in Work today!**

✉ info@fifevoluntaryaction.org.uk
☎ 01592 645300

📍 New Volunteer House
16 East Fergus Place
Kirkcaldy KY1 1XT



Mentors in Work is run by Fife Voluntary Action and funded by Fife Council.

Fife Voluntary Action is a Registered Company in Scotland No. SC203613 and Registered Scottish Charity No. SCO28457.